

# WITHINGS Sleep Analyzer



SKU: IT61890

**€149.95**

## Specifications

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### Technical Specifications

- Clinically validated under-mattress sleep analyzer
- Connection: Wifi & Bluetooth
- Withings Application: iOS ή Android
- Pneumatic sensor: measures respiratory rate, heart beats via ballistocardiography and body movements across the mattress
- Sound sensor: identifies audio signals specific to snoring & cessation of breathing episodes

### Metrics

- Sleep duration, sleep onset and time to wake
- Sleep apnea episodes with severity classification
- Sleep cycles: deep, light, REM phases
- Continuous and average heart-rate

- Snoring duration
- Sleep Score

**Dimensions & Weight**

- Dimensions (LxWxD): 63.7x19x0.5 cm
- Weight: 0.35 kg